

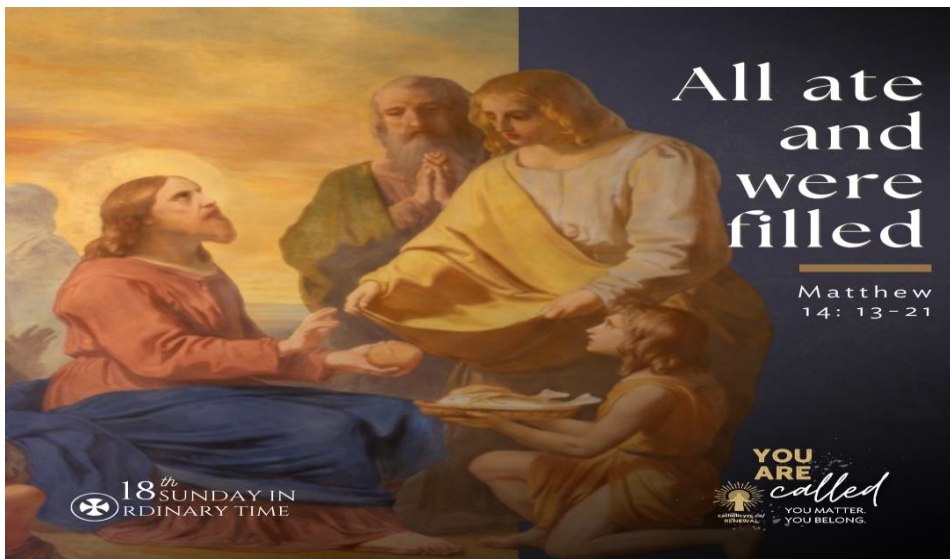


St. Francis of Assisi Catholic Church

211-6 Ave SE., Calgary, Alberta T2G 0G4.

Tel: 403-266-2512. E-mail: info@stfranciscalgary.com

Pastor: Fr. Michael Phi Nguyen, O.P. Parish Website: stfranciscalgary.com



Entrance Antiphon (*Psalm 69.2,6*)

O God, come to my assistance; O Lord, make hast to help me! You are my rescuer; my help; O Lord, do not delay.

First Reading (*Isaiah 55.1-3*)

Thus says the Lord:

"Everyone who thirsts, come to the waters;

and you that have no money, come, buy and eat!

Come, buy wine and milk without money and without price.

"Why do you spend your money for that which is not bread, and your labour for that which does not satisfy?

Listeb carefully to me, and eat what is good, and delight yourselves in rich food.

" Incline your ear, and come to me; listen, so that you may live. I will make with you an everlasting covenant, my steadfast, sure love for David."

The word of the Lord. **Thanks be to God.**

Responsorial Psalm (*Psalm 145*)

The Lord is gracious and merciful, slow to anger and abounding in steadfast love. The Lord is good to all, and his compassion is over all that he has made. **R.**

R. You open your hand to feed us, Lord, and satisfy our needs.

The eyes of all look to you, and you give them their food in due season. You open your hand, satisfying the desire of every living thing. **R.**

The Lord is just in all his ways, and kind in all his doings. The Lord is near to all who call on him, to all who call on him in truth. **R.**

Second Reading (Romans 8.35,37-39)

Brothers and sisters: Who will separate us from the love of Christ? Will hardship, or distress, or persecution, or famine, or nakedness, or peril, or sword? No, in all these things we are more than conquerors through him who loved us.

For I am convinced that neither death, nor life, nor Angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

The word of the Lord. **Thanks be to God.**

Gospel Acclamation (Matthew 4.4)

Alleluia. Alleluia. Man does not live by bread alone, but by every word that comes from the mouth of God. **Alleluia.**

Gospel (Matthew 14.13-21)

When Jesus heard that Herod had beheaded John the Baptist, he withdrew in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, Jesus saw a great crowd; and he had compassion for them and cured their sick.

When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late, send the crowds away so that they may go into the villages and buy food for themselves." Jesus said to them, "They need not go away; you give them something to eat." They replied, "We have nothing here but five loaves and two fish." And he said, "Bring them here to me."

Then Jesus ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds.

And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

The Gospel of the Lord. **Praise to you, Lord Jesus Christ.**

Reflection on Sunday

What do we learn from today’s gospel? Quiet a lot! First, Jesus both sympathizes and empathizes with us in our distress. He feels what we feel and comes to our aid. Second, whenever we come to him, he never casts us away. Third, he defiles all odds in order to make us comfortable. He makes the impossible happen just for our good. Fourth, the miracle of the multiplication of the loaves, is a sign that prefigures the superabundance of the unique bread of the Eucharist, and the love of God which sustains us on our journey.

The love of God continues to heal us every day of our life. It continues multiplying our loaves, and it continues to comfort, and satisfy us. His banner over us is love (Song of Songs 2: 4). When God gives, he gives abundantly. (source from *Fr. Njoku Canice Chukwuemeka, C.S.Sp.*)

Pope’s Prayer Intention for August 2026: *For evangelization in the city: Let us pray that in large cities often marked by anonymity and loneliness we find new ways to proclaim the Gospel, discovering creative paths to build community.*

Our Parish Life of Service

Mass Times

WEEKDAYS: Tuesday-Friday: 12:05 PM.

WEEKENDS: Saturday: 5:30 PM. Sunday: 9 AM. • 11 AM. • 4:30 PM.

Baptism: 2nd Saturday of the month-Parent Preparation session require

Marriage: a minimum of six months before the desired dates.

Contact: E-mail: info@stfranciscalgary.com or Tel: 403-266-2512.

Confessions: 20’ before all masses or after.

Rosary: 30 minutes before Mass.

Novena to Our Lady of Perpetual Help: after Wednesday Mass.

Eucharistic Adoration: 20 Minutes before Mass, every 1st Friday.

OUR OFFERING TO THE LORD
for the weeks of July 21-26:

- Looses: \$1,310
- Envelopes: \$1,780
- USD \$ 146
- check from Diocese: \$4,399.11

THANK YOU FOR YOUR
GENEROSITY AND CONTINUED
SUPPORT OF OUR PARISH.

TOGETHER IN ACTION (TIA)

Our Parish 2026 Goal: \$13, 861.99
Raised \$13,861.99

Our TIA Goal for 2026 Be Done.
Thank You Very Much for your great support and donation for our Church. May God bless your generosity and your family!

ONLINE GIVING



SUNDAY OFFERING TO GIVE ONLINE

You can donate directly to St Francis of Assisi's parish by clicking on the website:
<https://www.catholiccyyc.ca/donatetoparish.html>



PRAYER FOR OUR BELOVED SICK

Esther Mejia, Francis Ziegler.....

Holy Mary, help those in need, give strength to the weak, comfort the sorrowful, and pray for God's people. May all who seek your help experience your unfailing protection. Amen.

Refreshment:

Coffee and Donut Sunday: Again, this Sunday (August 02), you are all invited to attend and socialize with our community at St. Francis of Assisi Parish. Please spend some time to stay at the Parish Hall after the 9:00am Sunday Mass.

Cemetery Masses

Bishop McGrattan will celebrate Masses for the souls of the deceased buried at our Catholic cemeteries in Calgary and area. All are welcome!

- **Tue, Aug 25, at 7 pm at Mountain View Cemetery Chapel;**
- **Wed, Aug 26, at 7 pm at Edenbrook Cemetery Chapel;**
- **Tue, Sep 1, at 7 pm at Queen's Park (outdoor); and**
Wed, Sep 2, at 7 pm at St Mary's Cemetery (outdoor)

Anointing of the Sick:

If you are hospitalized in Calgary and want the Sacrament of the Sick, please call **403-231-9505**.