

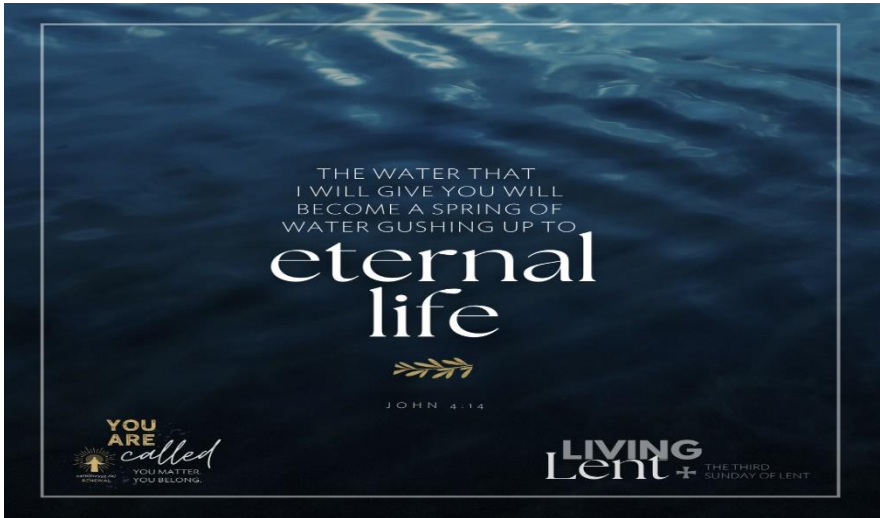


St. Francis of Assisi Catholic Church

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Pastor: Fr. Michael Phi Tri Nguyen, O.P. Parish Website: stfranciscalgary.com



Entrance Antiphon (*Psalm 24.15-16*)

My eyes are always on the Lord, for he rescues my feet from the snare. Turn to me and have mercy on me, for I am alone and poor.

First Reading (*Exodus 17.3-7*)

In the wilderness the people thirsted for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and the livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me."

The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel.

He called the place Massah and Meribah, because the children of Israel quarreled and tested the Lord, saying, "Is the Lord among us or not?"

The Word of the Lord. Thanks be to God.

RESPONSORIAL PSALM (*Psalm 95*)

R. O that today you would listen to the voice of the Lord. Do not harden your hearts!

O come, let us sing to the Lord; let us make a joyful noise to the rock of our salvation! Let us come into his presence with thanksgiving; let us make a joyful noise to him with songs of praise. **R.**

O come, let us worship and bow down, let us kneel before the Lord, our Maker! For he is our God, and we are the people of his pasture, and the sheep of his hand. **R.**

O that today you would listen to his voice! Do not harden your hearts, as at Meribah, as on the day at Massah in the wilderness, when your ancestors tested me, and put me to the proof, though they had seen my work. **R.**

Second Reading (*Romans 5.1-2, 5.8*)

Brothers and sisters: Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God.

And hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person – though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us.

The Word of the Lord. Thanks be to God.

GOSPEL ACCLAMATION (*John 4. 42-45*)

Praise to you, Lord, king of eternal glory! Lord, you are truly the Saviour of the world; give me living water, that I may never be thirsty. **Praise to you, Lord, king of eternal glory!**

Gospel (*John 4.5-42 – Long Version*)

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.)

The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water."

The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our father Jacob, who gave us the well, and with his children and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but the one who drinks of the water that I will give will never be thirsty. The water that I will give him will become in him a spring of water gushing up to eternal life." The woman

said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a Prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem."

Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth."

The woman said to him, "I know that the Messiah is coming" (who is called the Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him. Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour."

Many Samaritans from that city believed in Jesus because of the woman's testimony, "He told me everything I have ever done."

So when they (the Samaritans) came to him, they asked to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world."

The Gospel of the Lord. Praise to you, Lord Jesus Christ.

Pope's Prayer Intention for March 2026: For disarmament and peace: Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.

Our Parish Life of Service

Mass Times

WEEKDAYS: Tuesday-Friday: 12:05 PM.

WEEKENDS: Saturday: 5:30 PM; Sunday: 9 AM • 11 AM • 4:30 PM

Baptism: 2nd Saturday of the month - Parent preparation session required

Marriage: a minimum of six months before the desired date.

Contact: E-mail: info@stfranciscalgary.com or Tel: 403-266-2512.

Confessions: 20 minutes before all masses or after.

Rosary: 30 minutes before Mass.

Novena to Our Lady of Perpetual Help: after Wednesday Mass.

Eucharistic Divine Mercy Adoration: 20 Minutes before Mass, every 1st Friday of the month.

OUR OFFERING TO THE LORD

for the week of Feb 24 – Mar 01, 2026

Loose: \$ 767.00

Envelopes: \$ 1,680.00

TIA: \$ 10,445.00

Thank you for your generosity and continued support of our parish.

TOGETHER IN ACTION (TIA)

Our Parish 2025 Goal: \$ **13,861.99**

Raised to date: \$ **10,957.00**

To be raised: \$ **2,904.99**

Please help our church get a goal for TIA in 2026 starting from January by online or contribution by envelopes. Thanks. May God bless your generosity.

ONLINE GIVING



You can donate directly to St Francis of Assisi's parish by entering this URL on your browser: <https://www.catholicyc.ca/donatetoparish.html>

Lent 2026

Stations of the Cross: You are invited to walk with Christ through the Stations of the Cross All Fridays of Lent – February 20, 27 & March 6, 13, 20, 27 **after the 12:05pm Mass.**

Together in Action 2026

The 2026 Together in Action campaign begins on Ash Wednesday, February 18, 2026. The theme for this year's TIA is inspired by the Jubilee Year of St. Francis. *"But someone will say, 'You have faith and I have works.' Show me your faith without works, and I by my works will show you my faith."* (James 2:18) Learn more about TIA 2026 at catholicyc.ca/tia.

Triduum Retreat at St. Bonaventure Parish, Calgary

A three-evening Lenten Triduum Retreat centred on Love, Peace, and Harmony with Fr. Troy Nguyen, Fr. Colin O'Rourke, and Fr. Lawrence Manolache.

When: Tue, Mar 24 to Thu, Mar 26, from 7 pm to 8 pm at St. Bonaventure Church, Calgary. [Download poster](#). All are welcome!

Divine Mercy Lenten Retreat

A healing Lenten retreat with a focus on overcoming fear, loneliness, and hopelessness, with Sisters of Divine Mercy. There will be Adoration, Confession, Rosary, Mass, talks, healing prayer, and anointing.

When: Sat, Mar 21, 9:30 am to 2 pm at Our Lady of the Assumption, Calgary.

DAYLIGHT SAVING TIME



On Saturday night, March 07, 2026, before going to bed, remember to set your clocks forward for one hour.